

KS4 Curriculum handbook subject page

Subject: BTEC Tech Award Level 2 Sport

Syllabus: Pearson BTEC Tech Award Level ½ in Sport

What will I learn?

Studying sport allows you to gain an insight into many aspects of sport. You will learn fitness, training thresholds, fitness testing, leadership skills, the functions of the cardiorespiratory system, how exercise affects the body and an in-depth knowledge of at least 2 sports.

You will also look at what it takes to be a successful leader and be able to plan and implement your own training sessions.

How will I be assessed?

You will be assessed on 3 units across the 2 years.

2 Units are internally assessed through a controlled assessment. Part of each assessment is to be filmed performing leadership and practical elements of the course.

Final unit is externally assessed through an written exam.

How will this prepare me for my next steps?

Studying sport will give you a basic knowledge of the functions of the body when put under stress through exercise. It will also give you fantastic leadership skills and the confidence to lead a small group. This can then translate into many careers as the confidence you will gain, you will be able to use in many situations you may face in the future. It will also help prepare you to study further sport courses at Level 3 and A-Level.

Contribution to UTC/Studio aims

Throughout the sport course, students will have the opportunities to attend trips where they can enhance their learning experience and see the different aspects sport brings in the real world and the impact the subject has had and can have in the future. Students also have the opportunity to hear from industry experts.

Careers/job ideas

Studying sport can give you a whole host of exciting career options that include:

- Teacher
- College, University lecturer
- Physiotherapist
- Sports Coach
- Sports Journalist
- Professional Athlete